



**Bowesfield Primary School Menu**

# Weekly Menu 3

13<sup>th</sup> September, 11<sup>th</sup> October & 15<sup>th</sup> November & 13<sup>th</sup> December, 2021

Dish	Day 1	Day 2	Day 3	Day 4	Day 5
<b>Traditional Fayre</b>	<p>Chicken Curry</p> <p>Baked Cheese &amp; Onion Rolls (V)</p>	<p>Lasagne or Quorn Lasagne (V)</p> <p>Fish Fillet Fingers</p>	<p>Chicken Casserole &amp; Herby Dumplings</p> <p>Baked Chicken Sausages</p>	<p>Roast Chicken with Yorkshire Puddings</p> <p>Jacket Potato filled with Tuna, Cheese (V) or Baked Beans (V)</p>	<p>Salmon &amp; Sweet Potato Fishcake</p> <p>Pizza (V)</p>
<b>Cold Selection</b>	<p>Sliced Roast Chicken</p> <p>Variety of Sandwiches &amp; Wraps:- Cheese (V), Tuna &amp; Egg (V)</p> <p>Homemade Quiche</p>	<p>Sliced Roast Chicken</p> <p>Variety of Sandwiches &amp; Wraps:- Cheese (V), Tuna &amp; Egg (V)</p> <p>Homemade Quiche</p>	<p>Sliced Roast Chicken</p> <p>Variety of Sandwiches &amp; Wraps:- Cheese (V), Tuna &amp; Egg (V)</p> <p>Homemade Quiche</p>	<p>Sliced Roast Chicken</p> <p>Variety of Sandwiches &amp; Wraps:- Cheese (V), Tuna &amp; Egg (V)</p> <p>Homemade Quiche</p>	<p>Sliced Roast Chicken</p> <p>Variety of Sandwiches &amp; Wraps:- Cheese (V), Tuna &amp; Egg (V)</p> <p>Homemade Quiche</p>
<b>Potatoes &amp; Vegetables</b>	<p>Hot Rice</p> <p>Oven Roasted Potatoes</p> <p>Sweetcorn</p> <p>Baked Beans</p>	<p>Homemade Garlic Bread</p> <p>Baked Potato Wedges</p> <p>Garden Peas/Baked Beans</p>	<p>Boiled Potatoes</p> <p>Oven Roasted Potatoes</p> <p>Mixed Vegetables</p> <p>Spaghetti Hoops</p>	<p>Creamed Potatoes</p> <p>Oven Baked Jacket Potatoes</p> <p>Broccoli/Diced Carrots</p>	<p>Oven Baked Chips</p> <p>Garden Peas</p> <p>Spaghetti Hoops</p>
<b>Desserts</b>	<p>Syrup Roly Poly with Custard Sauce</p> <p>Cold Bar</p> <p>Fresh Fruit Kebab</p>	<p>Chocolate Sponge with Custard Sauce</p> <p>Cold Bar</p> <p>Melon Boat</p>	<p>Festival Shortcake with Custard Sauce</p> <p>Cold Bar</p> <p>Fresh Fruit Bowl</p>	<p>Rice Pudding with Fruit</p> <p>Cold Bar</p> <p>Fresh Fruit Bowl</p>	<p>Mandarin Orange Sponge with Custard Sauce</p> <p>Cold Bar</p> <p>Fresh Fruit Salad</p>



For allergen information please ask a member of the Catering Team

Salad bar available daily

Fresh juice, milk & water served daily

Daily additional choice: Homemade biscuit & yoghurt