



**Bowesfield Primary School Menu**

# Weekly Menu 4

21<sup>st</sup> September, 19<sup>th</sup> October & 23<sup>rd</sup> November, 2020

Dish	Day 1	Day 2	Day 3	Day 4	Day 5
<b>Traditional Fayre</b>	Mediterranean Bolognese with Pasta Twirls  Quorn Mediterranean Bolognese with Pasta Twirls (V)  Fishcake in Natural Crumb	Chicken Pie   Pizza (V)	Toad in the Hole or Quorn Sausages with Yorkshire Pudding (V)  Cheese & Potato Pie (V)	Sweet & Sour Chicken  or  Quorn Burger in a Bun (V)	Tempura Battered Fish Fillet   Jacket Potato filled with Tuna, Cheese (V) or Baked Beans (V)
<b>Cold Selection</b>	Sliced Roast Chicken  Variety of Sandwiches & Wraps:- Cheese (V), Tuna & Egg (V)  Homemade Quiche	Sliced Roast Chicken  Variety of Sandwiches & Wraps:- Cheese (V), Tuna & Egg (V)  Homemade Quiche	Sliced Roast Chicken  Variety of Sandwiches & Wraps:- Cheese (V), Tuna & Egg (V)  Homemade Quiche	Sliced Roast Chicken  Variety of Sandwiches & Wraps:- Cheese (V), Tuna & Egg (V)  Homemade Quiche	Sliced Roast Chicken  Variety of Sandwiches & Wraps:- Cheese (V), Tuna & Egg (V)  Homemade Quiche
<b>Potatoes &amp; Vegetables</b>	Oven Roasted Potatoes Homemade Garlic Bread Spaghetti Hoops Garden Peas	Creamed Potatoes Oven Baked Potato Wedges Cauliflower/Mixed Vegetables Baked Beans	Creamed Potatoes Boiled Potatoes Diced Carrots Broccoli	Oven Roasted Potatoes Hot Rice Sweetcorn Spaghetti Hoops	Oven Baked Chips Garden Peas Baked Beans
<b>Desserts</b>	Syrup Roly Poly with Custard Sauce  Cold Bar Melon Boat	Mandarin Orange Sponge with Custard Sauce  Cold Bar Fresh Fruit Salad	Creamy Rice Pudding with Jam Sauce  Cold Bar Watermelon Slices	Apple Crumble with Custard Sauce  Cold Bar Fresh Fruit Bowl	Feathered Sponge with Custard Sauce  Cold Bar Fresh Fruit Kebab



For allergen information please ask a member of the Catering Team

Salad bar available daily

Fresh juice, milk & water served daily

Daily additional choice: Homemade biscuit & yoghurt