



Bowesfield Primary School Menu

Weekly Menu 3

14th September, 12th October, 16th November & 14th December, 2020

Dish	Day 1	Day 2	Day 3	Day 4	Day 5
Traditional Fayre	Chicken Curry Margarita Pizza (V)	Lasagne or Quorn Lasagne (V) Salmon & Sweet Potato Fishcake	Lamb Goulash Quorn Goulash (V) Fish Fillet Fingers	Roast Chicken with Yorkshire Puddings Jacket Potato filled with Tuna, Cheese (V) or Baked Beans (V)	Fish Goujons Cheese Pasty (V)
Cold Selection	Sliced Roast Chicken Variety of Sandwiches & Wraps:- Cheese (V), Tuna & Egg (V) Homemade Quiche	Sliced Roast Chicken Variety of Sandwiches & Wraps:- Cheese (V), Tuna & Egg (V) Homemade Quiche	Sliced Roast Chicken Variety of Sandwiches & Wraps:- Cheese (V), Tuna & Egg (V) Homemade Quiche	Sliced Roast Chicken Variety of Sandwiches & Wraps:- Cheese (V), Tuna & Egg (V) Homemade Quiche	Sliced Roast Chicken Variety of Sandwiches & Wraps:- Cheese (V), Tuna & Egg (V) Homemade Quiche
Potatoes & Vegetables	Hot Rice Oven Roasted Potatoes Mixed Vegetables/Sweetcorn Baked Beans	Homemade Garlic Bread Creamed Potatoes Garden Peas/Sweetcorn	Hot Rice Oven Roasted Potatoes Mixed Vegetables Baked Beans	Creamed Potatoes Oven Baked Jacket Potatoes Broccoli/Diced Carrots	Oven Baked Chips Garden Peas Spaghetti Hoops
Desserts	Jam Sponge with Custard Sauce Cold Bar Fresh Fruit Kebab	Creamy Rice Pudding with Peaches Cold Bar Melon Boat	Mixed Fruit Pie with Custard Sauce Cold Bar Fresh Fruit Bowl	Chocolate Sponge with Custard Sauce Cold Bar Fresh Fruit Bowl	Cornflake Tart with Custard Sauce Cold Bar Fresh Fruit Salad



For allergen information please ask a member of the Catering Team

Salad bar available daily

Fresh juice, milk & water served daily

Daily additional choice: Homemade biscuit & yoghurt