

**Intimate Care plan for:**

**DoB:**

**May need intimate care because:**

**Change area:**

**Spare clothes kept:**

**Any special considerations:**

**If my child repeatedly refuses to come for intimate care:**

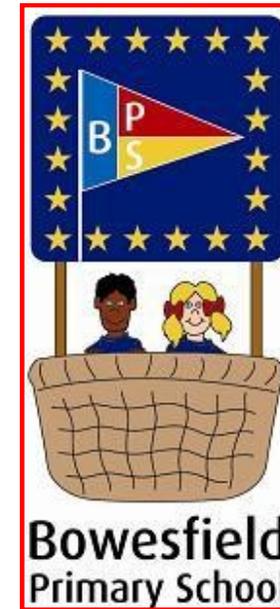
**Signed by:**

**Parent / carer**

**Staff member:**

**Date:**

## **Intimate care**



Intimate care is any care which involves washing, changing or carrying out a procedure (such as cleaning up a child who has had a toileting accident) to intimate areas of the body.

Children may not be fully toilet trained when they start nursery. Young children often have 'accidents' and an older child may need intimate care due to illness or individual needs.

If your child needs intimate care, we assure you that:

- They will be treated with dignity and respect, and kept safe.
- They will be given privacy, but at the same time, they will not be left alone in a closed area with only one adult.
- They will be told what is happening to them and why.
- They will be encouraged to do as much as they can for themselves.
- They will only be given intimate care by an adult who they know - but this will not always be the same person.
- Safeguarding concerns (soreness, bruising, cuts) will be reported to the designated officer in school.
- If they become distressed, this will be reported to you, and the reason investigated.
- Staff are aware of this policy, and have signed to say that they will follow it.
- There are strict hygiene routines for staff to follow. Wet or soiled clothing is double bagged, hung on the child's peg and given to you at hometime. Staff wear gloves when providing intimate care and all surfaces are cleaned daily with an appropriate cleaner. Spills of body fluids are cleaned up promptly and flushed away.
- Soiled nappies are double bagged and placed in bins, away from the children's toilet area.

We need you to:

- Tell us about your child's toileting needs and keep us up to date with any changes, including advice from health visitors or doctors.
- Continue to work on a toileting routine at home with your child.
- Provide a change of clothes (and clean nappies, with the wipes you use at home) if necessary.
- Understand that while adults will encourage your child to use the toilet, or get changed, they are not allowed to make them go to the toilet or change - this may cause your child distress.
- Tell us straight away if you or your child has any concerns; so that we can put things right.

Over the page is a care plan. You will be asked to complete this for your child **with a member of staff**. By signing, you are confirming that you have had this information.